

What is and How to become an IDOS-Sanctioned Cook Off

An IDOS-sanctioned cook off is a cook off where the 1st place winners are eligible **to be invited** to compete in the International Dutch Oven Society World Championship Cook Off, or to a state or regional cook off.

The following requirements must be followed to be considered sanctioned:

- 1) The cook off must use the 3-pot format of requiring a main dish, a dessert, and a bread.
- 2) The Sanctioned Dutch Oven Cook Off Rules enclosed must be followed.
- 3) The Cook Off Questionnaire should be returned as soon after the competition as possible.
- 4) The top of the IDOS World Championship Qualification Information Form enclosed **MUST BE** filled out by the local cook off chair and given to the 1st place team who in turn **MUST** return the completed form no later than October 31st along with the \$50.00 entrance fee and the recipes that the team will be cooking at the World Championships if they are invited to compete.

We also highly recommend that you use the enclosed World Championship food and field judging forms as they are the judging forms used at the Championships and they support the rules and regulations for that cook off. If you have less experienced judges though, then the alternate forms enclosed could be used as they give more information to the judges about what they are looking for. This is not a requirement, just a suggestion. You may have your own judging forms that you want to use and that is acceptable also..

At the Championships, teams start cooking 3 hours before their first dish (dessert) is presented, then their bread is presented 1 hour later and the main dish is then presented for judging 1 hour after that. You can follow this format or you can have all three dishes due to the judges at the same time, say after 4 hours or so. The first team would present at this time and then each team would follow with their dishes approximately 10 to 15 minutes later. To do this, you would need to draw numbers at the beginning of the contest so each team knows what time they are to present their dishes. Whichever format you decide to follow is fine. The first time frame prepares the teams for the Championship Cook Off better as that is the format used there.

In this packet there are two sets of rules. One set are sanctioned cook off rules for any cook off, and follow closely the official IDOS World Championship rules. The second set **are** the official International Dutch Oven Society World Championship Cook Off rules. All of the rules in the sanctioned cook off rules need to be closely adhered to if you wish to be considered a sanctioned cook off. The official rules are for information only and are just tailored specifically for the World Championships.